

## Arbeitsblatt für DICH



Meine Gedanken JETZT, offen und ehrlich:

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

Meine neuen positiven Gedanken:

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---